

## UltraTrax Holiday Valley- Event FAQ



### Start/Finish and Parking Location

Complimentary parking is located at Holiday Valley Resort's parking lot at Yodeler Lodge, just a few feet from the start/finish line. Spectators are more than welcome to hang out at the lodge and surrounding area throughout the day. If you are staying at the Inn or onsite lodging, a shuttle will run continuously from 5:45am to 6:30pm on the day of the event.

Holiday Valley  
Yodeler Lodge  
6758 Holiday Valley Rd  
Ellicottville, NY 14731  
GPS: [HERE](#)



### What Time Will I Start?

Starting blocks are broken out based on distance. Please see below for assignments:

#### Level 4 – 28 Miles

Start: 7:00 AM to 7:45 AM

#### Level 3 – 21 Miles

Start: 7:45 AM to 8:30 AM

#### Level 2 – 14 Miles

Start: 8:30 AM to 9:15 AM

#### Level 1 – 7 Miles

Start: 9:15 AM to 10:00 AM

We will send participants them out in groups of 6-8 every 30-45 seconds. The starting line will remain open 10 hours following the start of the final Level 4 participant, in the range of 5:45 to 6:00 pm.



### Bib Pick-Up and Ruck Weigh-In

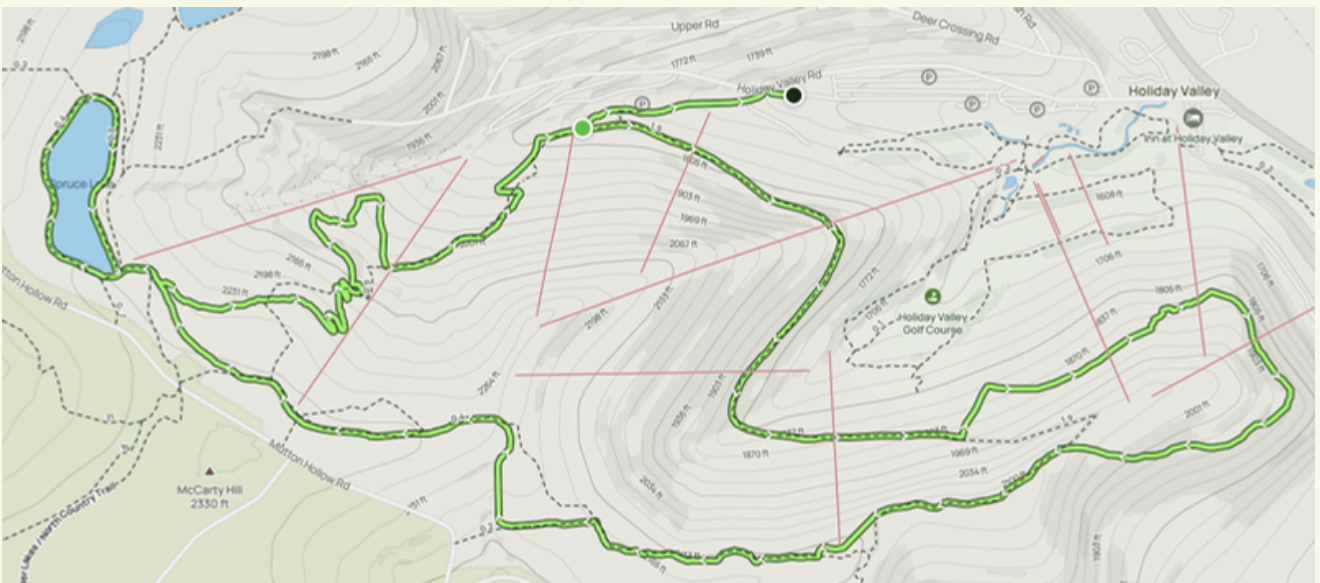
For those who did not opt for bib mailing or who are carrying an added weight, bib pickup and ruck weigh in will take place near the start/finish area (next to parking) between 6am to 9:30am. Importantly, ruck weigh-in happens before entering your corral. You must bring your won weight and everything counts toward the total weight (including the pack, gear, etc.) EXCEPT for perishable items. Please kindly remove them before the weigh-in.

# ULTRATRAX

## Course Layout

The course is a 7-mile loop that starts and ends in front of the ski lodge. It will be well marked so you will have no issue with navigation.

AllTrails Map: [HERE](#)



## Course Cutoffs

You must start your final lap by 2:45pm. Cutoffs will be enforced for safety and daylight considerations.

## Is there a place to leave my bag?

The parking lot is within a short walk to the start/finish area at the lodge. We recommend that you leave your change of clothes, fresh shoes, etc. in your car so you can access it when needed. There will also be limited room in the lodge and surrounding venue to leave a small bag of personal items but please note these areas will not be monitored and we advise to keep all valuables in a secure location.

## **What Will Be at Aid Stations?**

Aid stations will include:

- Water
- Tailwind hydration
- Salt tabs
- Fruit
- Pretzels
- Trail mix
- Various rotating snacks

## **Aid Station Locations**

7 Mile: Miles 1.5, 4

14 Mile: Miles 1.5, 4, 7, 8.5, 11

21 Mile: Miles 1.5, 4, 7, 8.5, 11, 14, 15.5, 18

28 Mile: Miles 1.5, 4, 7, 8.5, 11, 14, 15.5, 18, 21, 22.5, 25

## **Should I Bring My Own Hydration?**

Yes. We're striving to cut down on waste as much as possible, so please bring your own filled water vessel and use our aid stations as refill stations.

## **What else should I pack?**

Nothing is required, but many participants often bring :

- Extra pair of socks
- Blister pads
- Band aids
- Sunscreen
- Hat

## **Can I Bring My Dog?**

No. While we love dogs, our insurance policy does not allow it.

# ULTRATrax

## **Can I Bring My Own Snacks?**

Absolutely.

If you are doing multiple loops (14, 21, 28 miles), we will have a food drop area at the aid station located near the start/finishline. **FOOD MUST BE STORED IN A CLEAR, ONE GALLON, ZIP LOCK BAG.** Please label it with your first and last name. We will have extra zip lock bags for those who forget.

## **Who Gets Swag?**

All participants receive:

- UltraTrax 100% cotton t-shirt
- Finisher's patch (based on your level)

Level 3 & Level 4 participants also receive:

- Finisher's medal

Weighted walkers will also receive an extra giveaway.

Those who complete the full 28 miles while carrying 35 lbs, will receive the UltraTrax Alpha Wolf Medal.

All swag , including your shirt, is picked up at the finish line.

## **Restrooms**

Toilets will be located at the start/finish line and near the aid stations on course.

# ULTRATrax

## **Can I Run It?**

UltraTrax is designed as a walking event so priority is given to our walkers. You won't be disqualified for running, but we ask that you follow appropriate trail etiquette and only pass when it's safe and there's plenty of room. If the trail narrows to single-track or feels crowded, please slow to a walk and stay in line until it opens up again. We want to ensure UltraTrax is enjoyable for everyone, so keep in mind that running/jogging the entire course is not feasible.

## **Can I Trek with Friends?**

Yes.

Groups with mixed distances may start together in the corral of the longest distance in their group. If you absolutely need to start in a different corral, email us.

## **What If I Decide to Stop Mid-Event?**

If you return to the starting area during a loop and decide you're done:  
We will transport you back to the finish so you can celebrate with everyone.

## **Post-Trek**

We'll have a DJ, food for purchase (including a BBQ with burgers, hot dogs, chips, and beverages), and space to hang out until 6pm for those who are interested in celebrating their trek! Adult drinks will also be available for purchase.