

## UltraTrax Bear Creek- Event FAQ



### Start/Finish and Parking Location

Complimentary parking is located at Bear Creek Mountain's parking lot, just a few feet from the start/finish line. Specifically, the start/finish is located at the bottom of the ski slope, right in front of the Bear Creek Ski Lodge.

Bear Creek Ski Resort  
101 Doe Mountain Lane  
Macungie, PA 18062  
GPS: [HERE](#)



### What Time Will I Start?

Starting blocks are broken out based on distance. Please see below for assignments:

#### **Level 4 – 28 Miles**

Start: 7:00 AM to 7:45 AM

#### **Level 3 – 21 Miles**

Start: 7:45 AM to 8:30 AM

#### **Level 2 – 14 Miles**

Start: 8:30 AM to 9:15 AM

#### **Level 1 – 7 Miles**

Start: 9:15 AM to 10:00 AM

We will send participants them out in groups of 6-8 every 30-45 seconds. The starting line will remain open 10 hours following the start of the final Level 4 participant, in the range of 5:45 to 6:00 pm.



### Bib Pick-Up and Ruck Weigh-In

For those who did not opt for bib mailing or who are carrying an added weight, bib pickup and ruck weigh in will take place in the Bear Creek Lodge. Importantly, ruck weigh-in happens before entering your corral. Everything counts toward the total weight (including the pack, gear, etc.) EXCEPT for perishable items. Please kindly remove them before the weigh-in.

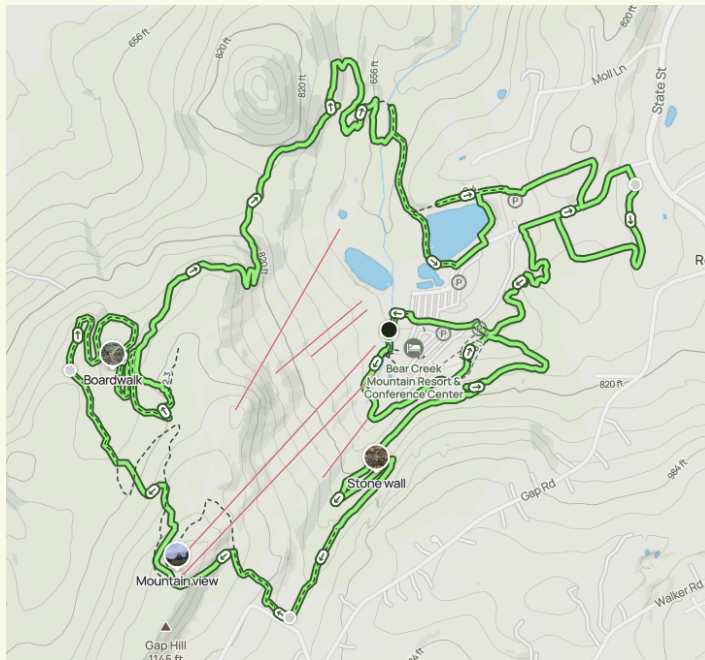
# ULTRATRAX



## Course Layout

The course is a 7-mile loop that starts and ends in front of the ski lodge. It will be well marked so you will have no issue with navigation.

AllTrails Map: [HERE](#)



## Course Cutoffs

You must start your final lap by 2:45pm. Cutoffs will be enforced for safety and daylight considerations.



## Is there a place to leave my bag?

There will be some space in the lodge to leave non-valuables, but it will not be monitored, and we strongly recommend that you leave your gear (change of clothes, etc) in your car in the parking lot near the lodge.

## **What Will Be at Aid Stations?**

Aid stations will include:

- Water
- Tailwind hydration
- Salt tabs
- Fruit
- Pretzels
- Trail mix
- Various rotating snacks

## **Aid Station Locations**

7 Mile: Miles 2, 4

14 Mile: Miles 2, 4, 7, 9, 11

21 Mile: Miles 2, 4, 7, 9, 11, 14, 16, 18

28 Mile: Miles 2, 4, 7, 9, 11, 14, 16, 18, 21, 23, 25

## **Should I Bring My Own Hydration?**

Yes. We're striving to cut down on waste as much as possible, so please bring your own water bottle and use our aid stations as refill stations. Don't worry, we will have disposable cups available as well!

## **What else should I pack?**

Nothing is required, but many participants often bring :

- Extra pair of socks
- Blister pads
- Band aids
- Sunscreen
- Hat

## **Can I Bring My Dog?**

No. While we love dogs, our insurance policy does not allow it.

# ULTRATrax

## **Can I Bring My Own Snacks?**

Absolutely.

If you are doing multiple loops (14, 21, 28 miles), we will have a food drop area at aid station #3, near the start/finishline, where you may leave:

- One 1-gallon ziplock bag
- Clearly labeled with your name

You can either drop your bag before starting the course or deposit it after completing the first loop.

## **Who Gets Swag?**

All participants receive:

- UltraTrax 100% cotton t-shirt
- Finisher's patch (based on your level)

Level 3 & Level 4 participants also receive:

- Finisher's medal

Weighted walkers will also receive an extra giveaway.

Those who complete the full 28 miles while carrying 35 lbs, will receive the UltraTrax Alpha Wolf Medal.

All swag , including your shirt, is picked up at the finish line.

## **Restrooms**

Porta-potties will be located:

- Mile 1.5
- Mile 5
- At the start/finish area, in the Bear Creek Ski Lodge.

# ULTRATrax

## **Can I Run It?**

UltraTrax is designed as a walking event, but you won't be disqualified for running! We just ask that you follow appropriate trail etiquette and only pass when it's safe and there's plenty of room. If the trail narrows to single-track or feels crowded, we ask that you slow to a walk and stay in line until it opens up again.

## **Can I Trek with Friends?**

Yes.

Groups with mixed distances may start together in the corral of the longest distance in their group. If you absolutely need to start in a different corral, email us.

## **What If I Decide to Stop Mid-Event?**

If you return to the starting area during a loop and decide you're done: We will transport you back to the finish so you can celebrate with everyone.

## **Post-Trek Party**

The post-trek party begins at 11:00 AM at the lodge with:

- Food
- DJ
- Finish line celebration

We'll be celebrating all afternoon.